

Normal 0 false false false EN-ZA X-NONE X-NONE

/\* Style Definitions \*/ table.MsoNormalTable {mso-style-name:"Table Normal"; mso-tstyle-rowband-size:0; mso-tstyle-colband-size:0; mso-style-noshow:yes; mso-style-priority:99; mso-style-parent:""; mso-padding-alt:0in 5.4pt 0in 5.4pt; mso-para-margin-top:0in; mso-para-margin-right:3.7pt; mso-para-margin-bottom:10.0pt; mso-para-margin-left:0in; text-align:right; line-height:115%; mso-pagination:widow-orphan; font-size:11.0pt; font-family:"Calibri","sans-serif"; mso-ascii-font-family:Calibri; mso-ascii-theme-font:minor-latin; mso-hansi-font-family:Calibri; mso-hansi-theme-font:minor-latin; mso-ansi-language:EN-ZA;}

Q: 322 ? Title: Please provide the original Arabic of these du?s and how can I lighten the agonies of death?

#### Question

1. Could you please let me know these two *du?s* in Arabic:

(i) O Allah! I seek thy refuge from that knowledge which is not beneficial; and from such a heart that does not fear [ye] and from such an avaricious self that is never satisfied and from such prayers which are not heard.

(ii) O Allah I ask thee of knowledge that is beneficial; and seek thy refuge from knowledge that has no benefit.

2. My second question is about death and its agony. I heard from a few scholars that the mumin's soul comes out from the body as a drop of water from its container (so easily).

Whereas I also heard from a few other scholars that even Prophet of Allah (salallahu alayhi wa sallam) was in pain in his' (salallahu alayhi wa sallam) last moments (May Allah forgive me if I said something incorrect). And so, every one of us has to go through severe pain while dying.

Which one of these two conditions is true? Is there any *duʿa* or deed we can do to minimize the agony and pain of death?

Answer

**In the Name of Allah, the Most Gracious, the Most Merciful.**

**As-salāmu ʿalaykum wa-rahmatullāhi wa-barakātuh.**

1.) The *duʿas* you requested in Arabic are as follows [i][ii]:

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*Oh Allah I seek refuge in you from knowledge that does not benefit and from a heart that does not fear and from a supplication that is not heard and from a self that is not satisfied.*

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*Oh Allah I ask of You beneficial knowledge and I seek refuge in you from knowledge that does not benefit.*

2.) The agony of death is known in Arabic as *Sakar?t*. The agony of death is a reality that every person must face at the end of his life. In general, the agony of death does cause some level of pain, which might or might not be apparent and cannot always be determined by looking at the dying person. However, Allah in His Infinite Wisdom raises or lowers the severity of the *Sakar*

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for whomever He wills. Allah mentions in the Quran:

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*?And the agony of death has come with truth. That is what you tried to escape.?*

*(Quran, 50:19)*

The actual process of the *r?h* coming out is easy for the believers. According to a *had?th*, once

the Prophet (salallahu alayhi wa sallam) saw the angel of death standing behind the head of a companion on his death bed. He (salallahu alayhi wa sallam) said, 'Make it easy on my companion'. The angel of death said 'Rest assured, I make it easy on every believer.' [iii]

The incident about the Prophet (salallahu alayhi wa sallam) facing the pangs of death is indicative of his high rank as the Prophets (alayhimus salaam) are the most tested of all human beings throughout their lives.

To lighten the agony of death, first and foremost, a Muslim should live his life like a true slave of Allah and adhere closely to the Sunnah of the Prophet (salallahu alayhi wa sallam). In addition, he should also do the following:

1.) Make the following supplication regularly[iv] [v]:

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*O Allah! Help me bear the pangs of death and the agonies of death.*

2.) At the time of death, the recitation of *Sʿrah Yasʿn* is effective in easing the agony of death. It can be recited by the relatives or anyone else who happens to be near the dying person.[vi]

3.) When death approaches a person should say " *?? ??? ??? ????* " the benefit of which is that the *rʿh* feels comfort as it comes out from the body.  
[vii]

May Allah lighten the agonies of death for all believers. *Amʿn*.

**And Allah Taʿʿla Knows Best**

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