

Q: 155 – Title: What is the kaffarah for breaking Nafl fast?

**Question**

I have a habit of fasting Nafl (voluntary) fasts. I have a few questions:

1. Once I was keeping fast on Thursday. While sleeping alongside my wife, I indulged in foreplay with her and ejaculated. In this case what is the kaffarah?
  
2. Once I was keeping fasts for nine days of Zhul Hijjah. On the fifth fast, the same thing happened as mentioned above. What is the kaffarah for this. Then I continued fasting. Is the reward valid for the nine days or did I lose the reward due to breaking one fast (I stayed the whole day as if I was fasting)
  
3. In the above cases I acted as if I was fasting. So during Ghusl, do I have to take water for gurgling and in my nose deep inside, as we do for a normal Ghusl or do I take Ghusl like a fasting person without taking the water deep inside my mouth and nose?

**Answer**

**In the Name of Allah, the Most Gracious, the Most Merciful.**

**As-salamu ‘alaykum wa-rahmatullahi wa-barakatuh.**

1. In principle, having relationship with one's wife leading to ejaculation renders the fast invalid. Hence one Qadha (make up) fast is due on you. [\[1\]](#) However there is no kaffarah due. In any case, seek Allah Taala's pardon as it is not permissible to break a voluntary fast without an excuse. [\[2\]](#)

2. The ruling is the same for the fast broken on the 5<sup>th</sup> fast of Zhul Hijjah. One Qadha is

due on you at a later time. Furthermore, if one's fast is invalidated in a voluntary fast, there is no reason to continue fasting for the remainder of the day.

An individual will be rewarded for each fast in the first nine days of Zhul Hijjah. Based on the sincerity of your intention, it is hoped from Allah that you will be rewarded for the fifth fast also.

3. You have stated that despite the invalidation of your fast, you continued to fast the remainder of the day. However this was not necessary. Therefore, after the invalidation of the fast, it is perfectly fine to gargle whilst making Ghusl.

**And Allah Ta'ala Knows Best**

