

Q: 159 – Title: If I make an intention to fast at night, but I did not wake up for suhoor, can I choose to not fast?

Question

If I make an intention to make the *sunnah* fast of Monday or Thursday the night of, but I do not wake up for *suhar*, can I choose to not fast, even though I believe I could still fast?

Answer

In the Name of Allah, the Most Gracious, the Most Merciful.

As-salamu ‘alaykum wa-rahmatullah wa-barakatuh.

If you have made an intention at night, then your fast will automatically begin with dawn and you do not need to make another intention at that point. Hence, if you wake up after dawn, then you are already in a state of fasting since your intention from the night before was valid. Therefore, you may not break your fast at that point or choose to not fast.

However, if you wake up before dawn, then you may change your intention and choose to not fast since your fast has not yet started.

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اگر میں نے رات کو صوم کا ارادہ کیا ہے مگر صبح سویرے نہ جاگ اؤں تو صوم نہ کر سکتا ہوں کیا میں صوم نہ کر سکتا ہوں؟

(مسئلہ نمبر 1/226 :مسئلہ صوم کا ارادہ کیا ہے مگر صبح سویرے نہ جاگ اؤں تو صوم نہ کر سکتا ہوں؟)

And Allah knows best.

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