

Q: 160 – Title: Kaffarah for intentionally broken or missed fast

Question

Do you have to do sixty consecutive days of fasting for a single intentionally broken or missed fast?

What if someone when he was young, but has reached puberty, did not take his deen seriously and broke around thirty fasts intentionally over the years or did not keep some fast intentionally?

Does that mean sixty days of consecutive fast for each broken or missed fast?

Answer

**In the Name of Allah, the Most Gracious, the Most Merciful.**

**As-salamu ‘alaykumwa-rahmatullahiwa-barakatuh.**

If a Muslim deliberately breaks his fast during Ramadan with no justifiable reason in Sharia'h, then he has to compensate by paying Kaff?rah (expiation) for the sin.

The Kaffarah (expiation) for a broken fast, which is in addition to making up the fast for the

missed day is sixty consecutive days. If the sixty days is interrupted without a legitimate Shar'i reason, then one has to recommence the sixty days. [\[1\]](#)

If one is unable to fast the sixty days for a legitimate Shar'i reason e.g., old age or a chronic illness that makes fasting very hard then the person can do one of the following:

- Feed sixty poor people two full meals a day
- Feed one poor person two meals a day for sixty days
- Give sixty poor people 3.5lbs, or 1.6kgs of wheat, flour, fine flour or its value in cash or feed one poor person for sixty days.
- Give sixty poor people 7.5lbs or 3.5kgs of dry dates, barley or its value in cash or feed one poor person for sixty days. [\[2\]](#)

All of this is based on one's average consumption. The food should not be beyond one's normal amount of consumed food, neither should it be extravagant or inferior. [\[3\]](#)

If a Muslim deliberately misses a fast during Ramadan, this results in compensating for the missed fast by fasting one day ONLY, no Kaff'rah (expiation) will occur in this situation.

If more than one fast of Ramadan is broken by eating or drinking or copulating with the spouse, one will be required to compensate with one Kaff'rah (expiation) by observing sixty consecutive fast and one qadha. [\[4\]](#)

**And Allah Ta'ala Knows Best**

**Mufti Zaid Mohammed Shelia,  
Student Darul Iftaa**



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