

Q: 161 – Title: Is the fast invalidated in the following scenarios?

Question

I would like to ask you a few questions that are bothering me concerning Ramadhan. Firstly, if me and my husband are not married, are we allowed to kiss after sunset?

Secondly, when we are married, are we allowed to kiss, have sexual intercourse or practice any sexual touching after sunset?

Thirdly, is it allowed for him to perform the journey to Arabia during Ramadhan?

Fourthly, can he kiss me on my cheek before sunset? Are we allowed to hug before sunset?

And lastly, I would like to ask you how to stand by him and how to be supportive of him during the month of Ramadhan? It is difficult for me and I seem to cry most of the time which makes him feel bad and makes his fasting even harder for him. Please if you have any advice for me, I would greatly appreciate it. Thank you.

Answer

**In the Name of Allah, the Most Gracious, the Most Merciful.**

**As-salamu ‘alaykum wa-rahmatullahi wa-barakatuh.**

Islam advocates the most chaste, pure ethics and morals. Any relationship with a marriageable

opposite gender is deemed immoral. Hence, if you are not married to your prospective spouse, it is

impermissible to interact with him. Simply have the nikah (Islamic wedding ceremony) performed

after which interaction with your spouse will not only be permissible, it will be rewarding and

commendable.

With regards to your second question, it is permissible to engage with your spouse after sunset in

the manner expressed in the question.

To visit the Holy Lands in Saudi Arabia in the month of Ramadhan is praiseworthy. The Prophet

salallahu alaihi wasallam said,

“Umrah in Ramadhan is equivalent to Hajj (in reward).”

(Ibn Hibban) [\[1\]](#)

To kiss and embrace one's wife in the state of fasting is permissible with the condition it does not

lead to anything further. However, it is better to abstain altogether as there is a high probability of

one thing leading to another. [\[2\]](#)

Please elaborate what you mean by the following:

*"I would like to ask you how to stand by him and how to be supportive of him during the month of*

*Ramadhan It is difficult for me and I seem to cry most of the time which makes him feel bad and*

*makes his fasting even harder for him."*



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