

Q: 63 – Title: Is it permissible to eat fish with milk and other dairy products?

Question

Is it permissible to eat fish with milk?

What if they are cooked together (as opposed to drinking a glass of milk), or the dairy product in question is cheese, yogurt etc?

If it is haram or makruh to do so, how much time must elapse before one can consume milk?

Answer

In the Name of Allah, the Most Gracious, the Most Merciful.

As-salamu ‘alaykum wa-rahmatullahi wa-barakatuh.

The Shari'ah does not prohibit the combination of fish and dairy products while consuming or cooking, although some scholars in the past, based on the medical research available at the time, have cautioned against such a combination, as they believed it was harmful for the body. However, if modern-day medicine proves otherwise, then there would be no harm in consuming or cooking fish with milk and other dairy products.

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Is it permissible to eat fish with milk and other dairy products?

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And Allah knows best.

Mufti Abrar Mirza

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