

Can a Menstruating Woman Recite Verses of the Qur'aan as Dhikr or as q Du'aa when in Arafaat?

Q: Taharaat-69: A woman claims that verses such as laailaaha illa ant cannot be recited on the plains of Arafaat when in the state of menstruation. Can verses of the Qur'aan, Surah Ikhlaas and the Saturday portion of Munaajaat Maqbool be recited from memory when in the state of menstruation?

Answer: A woman experiencing Haidh or Nifaas may not recite any verse of the Qur'aan with the intention of Tilaawah. If she wants to, she may recite verses or Surahs of the Qur'aan that are du'aas (with the intention of making du'aa) and she may also recite verses that contain the praises of Allaah with the intention of Dhikr.

It is also mentioned in Behisti Zewar (Vol. 2 Pg.77) that a woman experiencing Haidh or Nifaas may not enter a Masjid, perform Tawaaf of the kabah or touch the Qur'aan. It also states that such a woman may recite even the entire Surah Faatiha as a du'aa or any other verse of the Qur'aan that is a du'aa. It will not at all be sinful to recite these as long as the intention is not Tilaawah. Examples of such du'aas are:

RABBANA ATINAA FIDDUNIYA HASANATAV WA?FIL AAKHIRATI HASANATAV WAQEENA ADHABANNAAR.

And

RABBANAA LAA TUAA?KHIJNA INN? NASINA AW?AKHTAANAA RABBANA- WALAA TAHMIL ALAYNA ISRAN KAMAA HAMALTAHU ALAL LADHINA ISRAN- KAMAA HAMAL TUHU ALAL LADHIN MIN KABLINA RABBANA WALAA TUHMMILNA MAALAA TA?KAT LANAA BIHI WAA? FUANNA WAGFIR LANA WARHMANA ANT MAWLAANAA FASURNA ALAL QAWMIL KAAFIRIN.

It will therefore be permissible for the woman on Arafaat to recite Surah Ikhlaas with the intention of du'aa. In fact, reciting such things on Arafaat holds greater virtues. There is a narration stating that when on the plains of Arafaat. one should recite the following 100 times:

LAA ILAAHAA ILLAL?LAAHU WAHDAHU LAA?SHARIK LAHU LAHUL MULKU WALAHUL HAMDU WAHUW ALAAKULLI SHAYIN QADIR.

Thereafter, he should recite Surah Ikhlāas 100 times, followed by the Durood of salaah 100 times (Durood Ibraheem). When he does this, Allaah asks the angles.

"What should be the reward of that servant of Mine who has glorified Me. has expressed My grandeur and has sent salutations to My Nabi SAW.? I Have forgiven him, will accept his intercession on behalf of himself and even On behalf of all the people standing on Arafaat if he intercedes for them. I will Also accept any du'aa that he asks.

A women may therefore also recite the Saturday portion of Munaajaat Maqbool with the intention of du'aa. And Allaah knows best what is most Correct.

Fatawa Rahimiyyah vol.2