

Q: 46 – Title: I am in need of urgent clarification. I was told Apple Cider Vinegar has many health benefits and have been wanting to try it for some time but i am worried if it is Halal or not?

Question

I am in need of urgent clarification. I was told Apple Cider Vinegar has many health benefits and have been wanting to try it for some time but i am worried if it is Halal or not?

I understand wine and alcohol are haram but is vinegar? Specifically is Apple Cider Vinegar Halal?

Thank you for your time and help

Answer

**In the name of Allah, Most Gracious, Most Merciful**

**Assalaamu `alaykum waRahmatullahi Wabarakatuh**

Vinegar is not only *halal*, the Prophet ﷺ even praised it.

ہم آپ کو یہ بتانا چاہتے ہیں کہ آپ کی درخواست کے مطابق ہم نے آپ کی درخواست کو دیکھا ہے اور ہم نے اس کے مطابق آپ کو جواب دیا ہے۔ اگر آپ کو کوئی اور سوال ہے تو براہ کرم ہم سے رابطہ کریں۔

(اس بات پر 6/125 :ہم نے آپ کی درخواست کو دیکھا ہے اور ہم نے اس کے مطابق آپ کو جواب دیا ہے۔)

*The Prophet ﷺ said, “How great of a condiment is vinegar” (Muslim)*

**And Allah knows best**

**Wassalaamu `alaykum**

**MI. Abrar Mirza,  
Student Darul Iftaa**

**Darul Iftaa, Madrassah In'aamiyyah**