

Q: 46 – Title: I am in need of urgent clarification. I was told Apple Cider Vinegar has many health benefits and have been wanting to try it for some time but i am worried if it is Halal or not?

Question

I am in need of urgent clarification. I was told Apple Cider Vinegar has many health benefits and have been wanting to try it for some time but i am worried if it is Halal or not?

I understand wine and alcohol are haram but is vinegar? Specifically is Apple Cider Vinegar Halal?

Thank you for your time and help

Answer

In the name of Allah, Most Gracious, Most Merciful

Assalaamu `alaykum waRahmatullahi Wabarakatuh

Vinegar is not only *halal*, the Prophet ﷺ even praised it.

I am in need of urgent clarification. I was told Apple Cider Vinegar has many health benefits and have been

ہم نے سنا ہے کہ سیلابی علاقوں میں سیلابی پانی کے ذریعہ پھیلنے والے کچھ بیماریوں سے بچنے کے لیے سیلابی پانی کو پیئیں۔
اس کے علاوہ سیلابی پانی کو پی کر کچھ بیماریوں سے بچ سکتے ہیں۔
اس کے علاوہ سیلابی پانی کو پی کر کچھ بیماریوں سے بچ سکتے ہیں۔

(اس بات پر 6/125 :ہم نے سنا ہے کہ سیلابی پانی کو پی کر کچھ بیماریوں سے بچ سکتے ہیں۔)

The Prophet ﷺ said, "How great of a condiment is vinegar" (Muslim)

And Allah knows best

Wassalaamu `alaykum

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Darul Iftaa, Madrassah In'aamiyyah